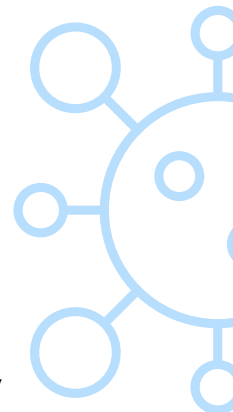


Sexually Transmitted Infections (STIs)

Nunavut Statistics 2011–2023

- Sexual health is an important part of overall health and well-being.
- Sexually Transmitted Infections are spread through person-to-person sexual contact.
- STIs are often preventable and treatable, but can cause serious health issues if left untreated.
- Syphilis, chlamydia, and gonorrhea are the most commonly reported STIs in Nunavut.
- Symptoms of syphilis, chlamydia, and gonorrhea may not always be present but they can still be spread.
- Prenatal screening creates a greater chance of detecting syphilis, chlamydia, and gonorrhea in pregnant women.



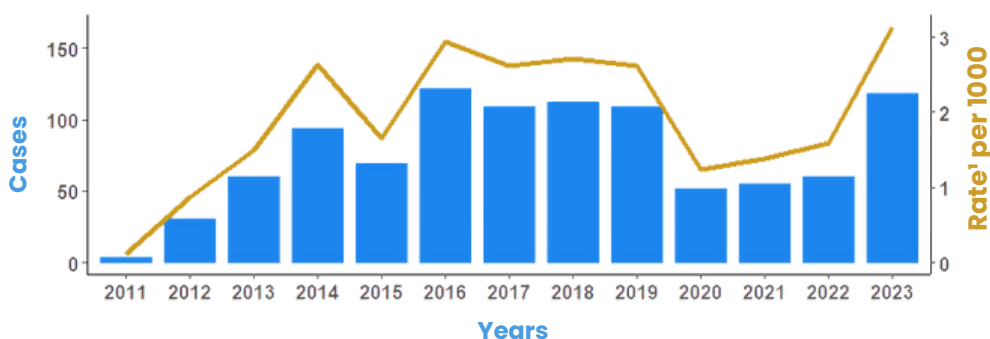
Syphilis

Symptoms may include:

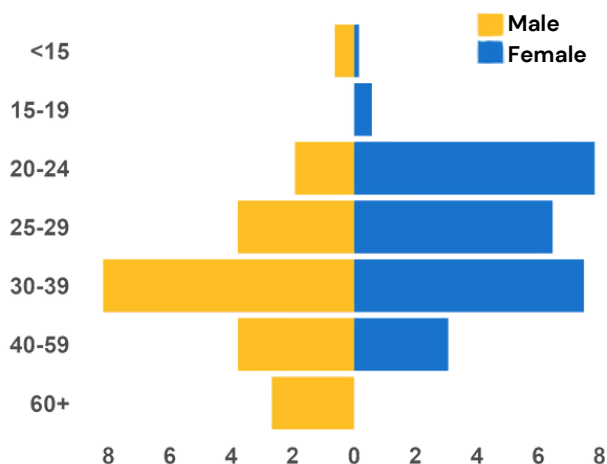
- Painless oral or genital sores.
- Body rash.

Syphilis can be passed from a pregnant woman to her unborn child during the pregnancy

Rates¹ and Cases of Syphilis in Nunavut, 2011–2023



2023 Crude Rates per 1000 by Age and Sex



In 2023... Quick Facts

- 3 new infections per 1000 persons¹.
- 30–39 year-olds had highest infection rate, followed by 20–24 year-olds.
- Approximately 51% of new infections were females.

¹ Age-standardized to 2011 Canadian population



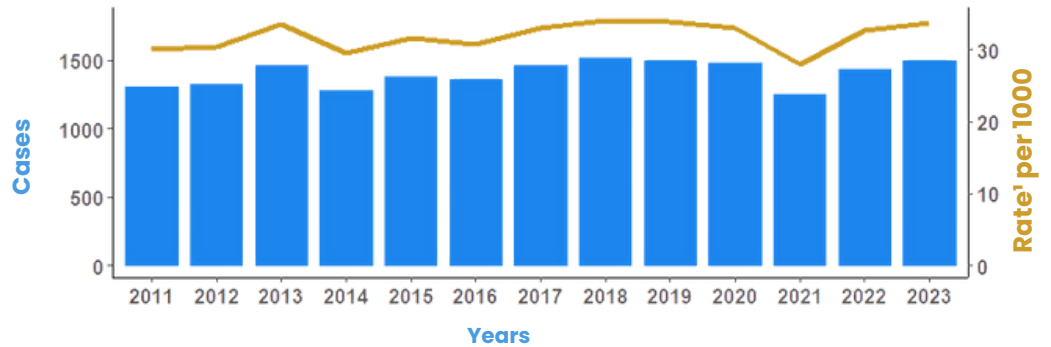
Chlamydia

Symptoms may include:

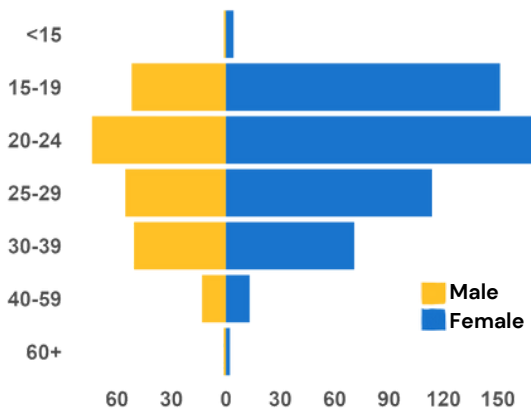
- Unusual discharge from genitals.
- Burning during urination.
- Pain during sexual activity.

Majority of infections will have no symptoms

Rates¹ and Cases of Chlamydia in Nunavut, 2011–2023



2023 Crude Rates per 1000 by Age and Sex



In 2023... Quick Facts

- ➔ Most commonly reported STI.
- ➔ 34 new infections per 1000 persons¹.
- ➔ 20–24 year-olds had highest infection rate, followed by 15–24 year-olds.
- ➔ Reported infections are twice as high in females compared to males.
- ➔ Females are more likely to be affected by complications of untreated infections.

Gonorrhea

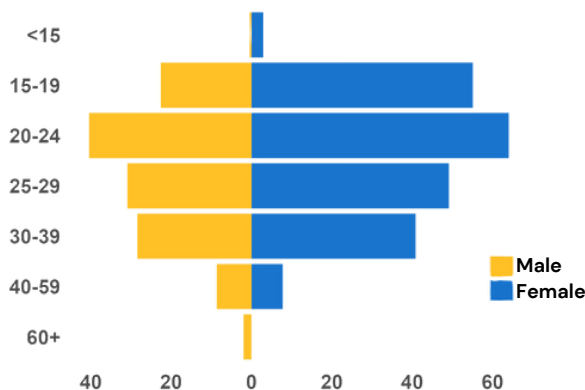
- Similar but usually more severe symptoms and long-term effects as chlamydia.

Majority of infections will have no symptoms

Rates¹ and Cases of Gonorrhea in Nunavut, 2011–2023



2023 Crude Rates per 1000 by Age and Sex



In 2023... Quick Facts

- ➔ Second most commonly reported STI.
- ➔ 16 new infections per 1000 persons¹.
- ➔ 20–24 year-olds had highest infection rate, followed by 15–24 year-olds.
- ➔ Approximately 60% of new infections were females.



Canadian Summary of STIs

- ➔ New diagnoses of syphilis, chlamydia, and gonorrhea are on the rise across Canada.
- ➔ Chlamydia is the most commonly reported STI.
- ➔ Antimicrobial resistance in gonorrhea remains an important public health concern.
- ➔ Increased rates of syphilis in pregnant women has led to increased rates of babies born with syphilis.



I Respect Myself



- ➔ Protect yourself and others; but most importantly respect yourself and your body.
- ➔ Use a condom when you have anal, oral, or vaginal sex to reduce the risk of getting or spreading STIs.
- ➔ Get a free test at your Community Health Centre if you:
 - ➔ have symptoms.
 - ➔ think you had unprotected sex or had sex while drunk or high.
 - ➔ start a new relationship, or don't know your partner's sexual history.

- ➔ Get tested every 3-6 months if you or your partner have more than one sexual partner

For more information

visit www.irespectmyself.ca, ask your Community Health Representative, or go to your local health centre or public health