

HOW TO GET CONSENT?

STEP 1: ASK

ASKING FOR CONSENT
CAN BE FUN AND SEXY:

DO YOU LIKE THIS?

DO YOU WANT
TO TRY THIS?

DOES THIS
FEEL GOOD?

HOW FAR DO YOU
WANT TO GO?

It is your responsibility to
ask your partner for consent
before you start any sexual
activity – kissing, touching,
having sex.

STEP 2: LISTEN

What does an enthusiastic

YES!

sound like?

100%
"YES!"

I'M
TOTALLY
UP FOR
THAT!

OH YES!

MORE!

What does

NO

look and sound like?

CAN WE DO
SOMETHING ELSE INSTEAD?

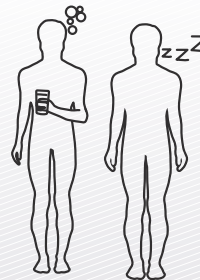
I'M
NOT SURE.

I DON'T KNOW.

I LIKED IT LAST TIME, BUT RIGHT NOW
I'M NOT IN THE MOOD.

I LIKE THIS, BUT NOT THAT.

NOT NOW



DRUNK,
UNCONSCIOUS
OR ASLEEP

SILENT,
CRYING OR
PUSHING AWAY

STEP 3: RESPECT

If you hear

YES!



CONTINUE TO ASK FOR
CONSENT WITH EACH
SEXUAL ACTIVITY. YOUR
PARTNER HAS THE RIGHT
TO CHANGE THEIR MIND
ANY TIME.



BEFORE AND DURING
EVERY SEXUAL ACTIVITY

ASK

LISTEN

RESPECT

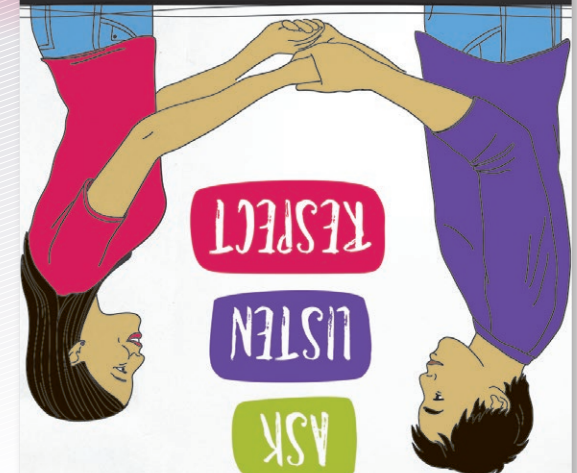
If you see or hear

NO



STOP WHAT YOU ARE
DOING AND RESPECT
THEIR DECISION.

SEXUAL CONSENT IS GIVING AND
GETTING PERMISSION BEFORE AND
DURING EVERY SEXUAL ACTIVITY.



SEXUAL CONSENT

For more information about
consent, talk to a nurse or
social worker, or visit:

WWW.IRESPECTMYSELF.CA

KIDSHELPPHONE.CA
(1-800-668-6868)



SEXUAL ACTIVITY WITHOUT CONSENT IS SEXUAL VIOLENCE.

It is against the law.

SEXUAL VIOLENCE MAY INCLUDE:

- ✗ Unwanted kissing or touching
- ✗ Taking and sharing sexual pictures
- ✗ Stalking (following)
- ✗ Forced sex (rape)
- ✗ Making sexual comments
- ✗ Any sexual activity with someone underage



IF YOU'VE EXPERIENCED
SEXUAL VIOLENCE, REMEMBER

IT IS **NOT** YOUR FAULT.

You can get help from:

- HEALTH CENTRE
- NUNAVUTHELPLINE.CA (1-800-265-3333)
- RCMP
- KIDSHELPPHONE.CA (1-800-668-6868)
- MENTAL HEALTH NURSE

Z-CARD® PocketMedia® US patent 5945195 #1234
Z-CARD® NA, 212-797-3450 www.zcardna.com

AGE IS IMPORTANT WHEN IT COMES TO CONSENT

You or your partner:

Under 12 years old



Cannot consent to sexual activity with anyone

12 or 13 years old



Can consent to someone less than 2 years older (not a person in a position of trust, power and authority)

14 or 15 years old



Can consent to someone less than 5 years older (not a person in a position of trust, power and authority)

16 years old and older



Can consent to someone older (not a person in a position of trust, power and authority)

A person in a position of trust, power and authority -

family member, adoptive family, teacher, religious leader, RCMP officer, healthcare worker



Cannot have sexual activity with anyone under 18



The law says:

* Just because you *can* consent, doesn't mean you *have* to. *

WHEN IS CONSENT NEEDED?

ANY

Age



Gender



Sexuality



YOU NEED TO GET CONSENT
EVEN IF ...



a person is
out late
or **early**

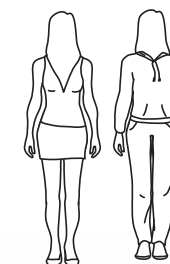
a person said YES
to one sexual activity,

and **NO** to a
different activity

a person
changes
their mind
during sexual
activity



a person's
clothing is
revealing
or not



a person is a
FRIEND, COMMON-LAW,
husband, **best friend,**
girlfriend, boyfriend,
wife, **ON-AND-OFF,**
stranger, **PARTNER,**
DATE

CONSENT IS IMPORTANT FOR
EVERY PERSON AND EVERY SITUATION.